

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2018



<p>9:30 Current Events and News 10:00 (30) Minute Workout 10:30 Hymns with Micki 1:30 Matinee Movie 2:30 Musical Performance: Brian Rudolph 4:30 Hanukkah Candle Lighting 6:30 Movie</p>	<p>10:30 Groovercise 10:30 Hanukkah Cards for Holocaust Survivors 11:00 Catholic Mass 11:00 Sip and Paint with Valerie 11:30 Sports: Target Golf 1:30 Horatio Hornblower Series 2:30 Dr. Koment Presentation 3:30 Art with Micki 6:30 Movie First Day of Hanukkah</p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:00 Outing: Botanical Gardens 10:30 Bingo 1:30 Sing-a-long with Justin 2:30 Operation Christmas Child Boxes 3:00 Afternoon Classical Concert/YouTube 6:30 Movie</p>	<p>8:45 Get Fit with Nikki 9:30 This Day in History 9:30 Shopping: Target 10:30 Crafting Corner with Valerie 11:00 Lunch Bunch: Carrabba Italian Bistro 2:00 Jane Dorfman: Hanukkah Storytelling 3:30 Mix and Mingle Social 6:30 M</p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:30 Hanukkah Cooking with Chef Cheryl: Latkes 11:00 This Week in Sports 1:30 Artmobile 2:30 Homeless Shelter Community Service 3:30 Bingo 6:30 Movie 7:00 Evening of Fellowship</p>	<p>8:45 Get Fit with Nikki 10:00 Tai Chi with Caitlin 10:30 Dreidel Games 11:00 Pearl Harbor Remembrance with Roger Koment 1:30 Baking Demo with Ethel 2:00 Book Club 3:30 Christmas Tree Lighting Party 5:30 Sing-a-long with Marcy 6:30 Movie</p>	<p>9:30 Current Events and News 10:30 Yoga with Kevin 11:00 Hangman 1:00 Bingo 2:00 Musical Afternoons: Plummer Family 3:15 Baking Club 4:00 Trivia 6:30 Movie</p>	
<p>9:30 Current Events and News 10:00 (30) Minute Workout 10:30 Hymns with Micki 1:30 Matinee Movie 2:30 Musical Performance: Tom Stringer 3:30 Orchestral Concert Series 6:30 Movie</p>	<p>9:30 Coffee and Conversation 10:30 Groovercise 11:00 Crafting Corner 11:30 Sports: Balloon Volleyball 1:30 Horatio Hornblower Series 1:30 Family Friendly Drum Circle 3:30 Art with Micki 6:30 Movie</p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:30 Bingo 1:30 Sing-a-long with Justin 2:15 Travelogue: France 2:30 Gingerbread House Creating 6:15 Outing: Bull Run Christmas Lights 6:30 Movie</p>	<p>8:45 Get Fit with Nikki 9:30 This Day in History 9:30 Shopping: Whole Foods 10:30 Crafting Corner with Valerie 11:00 Lunch Bunch: Cracker Barrel 1:30 Rummy 2:30 Christian Prayer Group 3:30 Mix and Mingle Social 6:30 Movie</p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:30 Smithsonian Art Speaker 11:00 This Week in Sports 2:30 History Alive! 3:30 Bingo 6:30 Movie 7:00 Evening of Fellowship</p>	<p>8:45 Get Fit with Nikki 10:00 Tai Chi with Caitlin 10:30 Coffee and Conversation 2:00 Book Club: Book Wrapping Service Project 3:30 Fabulous Friday Happy Hour 5:30 Sing-a-long with Marcy 6:30 Movie</p>	<p>9:30 Current Events and News 10:30 Yoga with Kevin 11:00 Trivia Time 1:00 Bingo 2:00 Holiday Performance and Dessert bar: The Fairfax Jubil-Aires Ensemble 3:30 Trivia 6:30 Movie</p>	
<p>9:30 Current Events and News 10:00 (30) Minute Workout 11:30 Holiday Luncheon 12:00 Musical Performance: James Curry 1:30 Matinee Movie 3:30 Musical Performance: Dave Lovins 6:30 Movie</p>	<p>9:30 Coffee and Conversation 10:00 Food Committee 10:30 Groovercise 11:00 Crafting Corner 11:30 Sports: Target Golf 1:30 Horatio Hornblower Series 2:00 Echos of Nature 3:30 Art with Micki 6:30 Movie</p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:30 Bingo 10:30 Food Committee 1:30 Christmas Sing-a-long with Justin 2:15 Travelogue: Germany 2:30 Christmas Cookie Creations 6:30 Movie</p>	<p>8:45 Get Fit with Nikki 9:30 This Day in History 9:30 Shopping: Walmart 10:30 Who Was Biography Series 11:00 Lunch Bunch: Chueys 1:30 Rummy 2:30 Christian Prayer Group 3:30 Holiday Social: Nashville Standard 6:30 Movie</p>	<p>10:00 Yoga with Caitlin 10:30 Cooking with Chef Cheryl: Yule logs 1:30 Resident Council 2:30 Mitten Community Service Project 3:30 Holiday Bingo Bonanza 6:15 Outing: Meadowlark Christmas Garden 6:30 Old Dominion Chorus</p>	<p>8:45 Get Fit with Nikki 10:00 Tai Chi with Caitlin 10:30 Coffee and Conversation 11:30 Resident Meeting 2:00 Book Club 3:30 December Birthday Party: Gurda 5:30 Sing-a-long with Marcy 6:30 Movie <small>Winter Begins</small></p>	<p>9:30 Current Events and News 10:30 Yoga with Kevin 11:00 Jialin and Alex Concert 1:00 Bingo 3:30 Christmas Concert: St. Thomas A' Beckett 6:30 Movie</p>	
<p>9:30 Current Events and News 10:00 (30) Minute Workout 10:30 Hymns with Micki 11:00 Nativity Presentation and Display by the Odeh Family 1:30 Matinee Movie 6:30 Movie</p>	<p>9:30 Biography Time: Mother Teresa 10:30 Groovercise 11:00 Crafting Corner 1:30 Horatio Hornblower Series 1:30 Pass the Present Competition 6:30 Movie</p>	<p> 1:00 Christmas Day Bingo 2:00 Orchestral Christmas Concert  <small>Christmas Day</small></p>	<p>8:45 Get Fit with Nikki 9:30 This Day in History 9:30 Shopping: Kohls 10:30 Crafting Corner with Valerie 1:30 Rummy 2:30 Christian Prayer Group 2:30 Music in the Air with DJ Bill 3:30 Mix and Mingle Social 6:30 Movie  <small>Kwanzaa Begins</small></p>	<p>9:30 Current Events and News 10:00 Yoga with Caitlin 10:30 Activity Meeting with Gabrielle 1:30 Bridge Club 2:30 Homeless Shelter Community Service 3:30 Bingo 6:30 Movie 7:00 Evening of Fellowship</p>	<p>8:45 Get Fit with Nikki 10:00 Tai Chi with Caitlin 10:30 Coffee and Conversation 2:00 Book Club 3:30 Fabulous Friday Happy Hour: The Kelseys 5:30 Sing-a-long with Marcy 6:30 Movie</p>	<p>9:30 Current Events and News 10:30 Yoga with Kevin 11:00 Trivia Time 1:00 Bingo 2:00 Musical Afternoon Performance 3:15 Baking Club 4:00 Trivia 6:30 Movie</p>	
<p>9:30 Current Events and News 10:00 (30) Minute Workout 10:30 Hymns with Micki 1:30 Matinee Movie 3:30 Orchestral Concert Series 6:30 Movie</p>	<p>9:30 Biography Time: Mother Teresa 10:30 Groovercise 11:00 New Years in Asia Party 1:30 Horatio Hornblower Series 2:00 New Years Eve Bingo Bonanza 6:30 Movie  <small>New Year's Eve</small></p>	<p></p>	<p><b>ASSISTED LIVING</b> Please see daily Schedules for activity location Movies Titles Are Posted Daily</p>				<p></p>