

Tall Oaks

ASSISTED LIVING
AND MEMORY CARE

Spring/
Summer
2026

*A Publication For Residents, Families And Friends of Tall Oaks Assisted Living
12052 North Shore Drive • Reston, Virginia 20190 • 703-834-9800 • talloaksal.com*

Refreshed Spaces!

If you've dropped by recently, you may have seen construction in progress in a few Tall Oaks common areas, as well as our recently updated dining room and third floor memory care. Our contractors are working hard to update these spaces quickly so that we can enjoy the fruits of their labor—areas that are not only beautiful, but also welcoming, comfortable, and modern! Please pardon our temporary mess as we refresh these spaces.

Lower-Level
Bistro
Planned for 2027



Lower-Level
Solarium
Planned for 2027



Main
Entrance Lobby
Currently in Progress!



Miles of Smiles

Florence Carson



Lou Morgan



Some people have a smile that lights up a room. Who are those people, you might ask? Our residents! And did you know that smiling is contagious? We certainly think so, judging by the many smiles we see on the faces of our team members and guests.

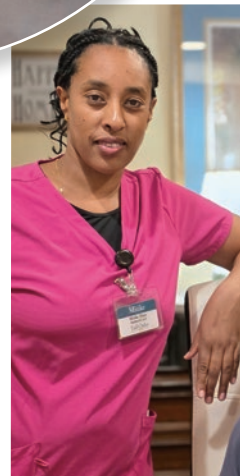
During your next visit, make sure to count the smiles—and share your own!

Life Enrichment Associate Brenda Spears with Wesley Spooner.

Karen Schneckenburger



Lorraine Huff shows off the progress on her tropical fruit-themed artwork!



Hop to it! Marti Sebastiani smiles with Life Enrichment Associate Fatena Habal.

Talented musician Caleb Nei entertains residents on the porch on a bright, summer day!



The CSM Community Family

Chesterbrook Residences

Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor

*Assisted Living,
Intensive Assisted Living*
Virginia Beach, Virginia • 757-456-5018

Mennowood

Independent Living, Assisted Living, Memory Care
Newport News, Virginia • 757-249-0355

Our Lady of Hope

*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Richmond, Virginia • 804-360-1960

Our Lady of Peace

*Residential Living, Assisted Living, Memory Care,
Nursing Center*
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help

*Extensive Assisted Living,
Memory Care, Nursing Center*
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley

*Assisted Living, Memory Care, Intermediate &
Skilled Nursing Center*
Roanoke, Virginia • 540-345-5111

Potomac Place

Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods

Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Did You Know?

Studies have found that smiling can boost your mood. The physical act of smiling can essentially trick your mind into being happier, as well as reduce stress. It's a win-win!

*Seeing double!
Alfred and Edward
Ciesielski sport
matching smiles.*

*Marion
Friedman
spends time
with her
special guest.*

*Teamwork makes
the dream work!
From left: Mitike
Duro, Maria Rivas,
and Yah Nosegbe.*



CSM Senior Living
Management

Moments that Matter

Our Rose Garden (Tall Oaks' secure memory care center) is a unique and welcoming place. Residents' days are structured in a way that offers comforting routines, family-style dining, engaging games, and lots of opportunities for social interaction. Located on our lower level, it features a beautiful outdoor space where residents can safely enjoy fresh air and sunshine, which is important for us all! Whether it's a puzzle, a meal, or a song, each day is comprised of unique moments that mean the world to residents and families.



Please visit our website at talloaksal.com. Call 703-834-8900 for more information about exceptional living opportunities at Tall Oaks Assisted Living.

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Where your family is our family!



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