

BOOK YOUR *Tall Oaks* STAYCATION

Enjoy your “Staycation” with the residents of Tall Oaks. All summer we have a full schedule of exciting entertainment and excursions designed for seniors. **With an unbeatable monthly flat rate for our Respite Stays, you’ll enjoy all of the lively, captivating, and relaxing elements of a vacation combined with exceptional quality of care.** For trips, ride along with us on our mini-bus. \$\$ denotes small cost/fee.

JUNE EVENTS *Cruising Through the Summer!*



Wednesday, June 5 • 1 pm	American Red Cross Museum Tour
Wednesday, June 5 • 2 pm	Musical Mending - A Music Therapy Program
Thursday, June 6 • 11 am	Lunch Bunch Outing: The Caribbean Plate \$\$
Friday, June 7 • 10:30 am	Caribbean Cooking Demo: Jamaica Rum Cake
Wednesday, June 12 • 11 am	Live Animal Show with Squeals on Wheels
Friday, June 14 • 3:30 pm	Flag Day Celebration
Saturday, June 15 • 3 pm	An Afternoon with the Musical Plumer Family
Sunday, June 16 • 11:30 am	Father's Day Barbecue
Wednesday, June 19 • 10:45 am	Lunch Bunch Outing: Nunu's Thai Dishes \$\$
Tuesday, June 25 • 10 am	Private Tour of the National Weather Service
Wednesday, June 26 • 11 am	Lunch Bunch Outing: Market Table Bistro \$\$
Thursday, June 27 • 11 am	Healthy Mind, Healthy Life Mindfulness Series with Rise Well-Being Center

Happening Weekly:

Milkshake Mondays • 1:30 pm	Taking the Ice Cream Social Up a Notch!
Fabulous Fridays • 3:30 pm	Libations and Live Entertainment
Saturday Soiree • 3 pm	Summer Music Concert Series

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See just how wonderful worry-free senior living can be!
Book your Staycation today. Call 703-834-9800 for room availability.



703.834.9800
www.TallOaksAL.com
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 Reston, VA 20190

Tall Oaks
 ASSISTED LIVING
 RISING TO NEW HEIGHTS