Everything You Need to KNOW

A Free, Virtual Educational Program



Steps to Managing Memory, Alzheimer's **Disease, and Dementia**



Tuesday, November 1 • 6 PM - 7 PM

In this interactive session, Dr. Andrew Budson will explain how individuals can distinguish changes in memory due to Alzheimer's versus normal aging, what lifestyle habits can help, and more. He will also discuss how families can manage issues with memory, language, vision, behavior, driving, incontinence, sleep, and more.



Presented by Andrew E. Budson, MD, Chief of Cognitive & Behavioral Neurology at the Veterans Affairs Boston Healthcare System, Director of Education at the Boston University Alzheimer's Disease Center, Professor of Neurology at Boston University School of Medicine, and Lecturer in Neurology at Harvard Medical School Association.



The first 20 people to register will receive a free copy of one of Andrew's books! (You must attend the session to claim your prize.)

This online event is free and open to the public.

Advance registration is required! Visit **TallOaksAL.com/Know** to register.



PRESENTED BY:







