

Sample Weekly Menu

Breakfast 8:00 am - 9:30 am
Lunch 11:30 am - 1:00 pm
Dinner 4:30 pm - 6:00 pm

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Bacon and Cheddar Egg Bake Home Fried Potatoes <i>Always Available*</i>	Waffles with Fruit Topping Canadian Bacon <i>Always Available*</i>	Cream Chipped Beef on Toast Polish Sausage <i>Always Available*</i>	Omelet Station Danish <i>Always Available*</i>	French Toast Praline Bacon <i>Always Available*</i>	Scrambled Egg with Ham and Cheese Turkey Bacon <i>Always Available*</i>	Pancakes Turkey Sausage <i>Always Available*</i>
LUNCH	Berry Salad with Shrimp Quiche Lorraine Manhattan Clam Chowder Side Salad Garlic Toast Cherry Crisp <i>Always Available**</i>	Beef Stew Grilled Cheese with Ham and Tomato Creamy Tomato Soup Peas Marinated Tomato Salad Mashed Potatoes Housemade Chips Lemon Bars <i>Always Available**</i>	Coconut Shrimp Stuffed Grilled Flank Steak Summer Squash and Corn Chowder Asparagus Broccoli with Cheese Fries Cheddar Mashed Potatoes <i>Always Available**</i>	Grilled Ribeye Sandwich Chimichurri Chicken Lentil Soup Summer Side Salad Green Beans with Cilantro Parmesan Roasted Potatoes Rice Pilaf Ice Cream <i>Always Available**</i>	Bacon-Wrapped Pork Loin Shrimp Lo Mein Sausage, Red Beans, and Rice Sautéed Spinach Asian Blend Vegetables Baked Sweet Potato Egg Roll Poke Cake <i>Always Available**</i>	Chicken Stuffed with Goat Cheese and Sun-dried Tomatoes Burger Your Way Hamburger and Vegetable Soup Green Beans with Bacon and Onions Side Salad Fries Marble Brownie <i>Always Available**</i>	Salisbury Steak Crispy Pork Minestrone Soup Collard Greens Bok Choy Mashed Potatoes Fried Rice Fruit Cup <i>Always Available**</i>
DINNER	Chimichurri Pork Spaghetti with Meatballs Manhattan Clam Chowder Herbed Tomatoes Green Beans with Onions Cilantro Rice Garlic Breadstick Banana Pudding <i>Always Available**</i>	Chicken Kiev Tuna Melt Creamy Tomato Soup Roasted Zucchini Cucumber Salad Wild Rice Pasta Salad Fresh Fruit <i>Always Available**</i>	Turkey Sliders with Cranberry Mayo Veal Saltimbocca Summer Squash and Corn Chowder Carrot and Cranberry Salad Italian Blend Vegetables Roasted Potato Salad Penne Pasta Cinnamon Apples <i>Always Available**</i>	Salmon with Tropical Salsa Crispy Chicken Wrap Lentil Soup Cauliflower Roasted Vegetable Salad Pineapple Rice Orzo Salad Peach Buckle <i>Always Available**</i>	Turkey Divan Grilled Reuben Sausage, Red Beans, and Rice Zucchini and Squash Coleslaw Egg Noddles Housemade Chips Watermelon <i>Always Available**</i>	Roasted Vegetable Wrap Meat Lovers Pizza Hamburger and Vegetable Soup Caesar Side Salad Creamed Spinach Roasted Vegetable Salad Red Velvet Cake <i>Always Available**</i>	Bratwurst with Sauerkraut Cobb Salad Wrap Minestrone Soup Broccoli and Cauliflower Marinated Tomato Salad German Potato Salad Parmesan Potato Chips Blueberry Pie <i>Always Available**</i>

*Breakfast Always Available: Eggs (Poached, Fried or Scrambled), Assorted Breads, Bacon or Sausage, Cereal, Seasonal Fruit (Cut or Whole), Toast.

**Lunch and Dinner Always Available: Chicken Noodle Soup, Grilled Chicken, Hamburger, Cheeseburger, Tuna Salad, Chicken Salad, Egg Salad, Grilled Cheese, BLT, Garden Salad, Ham or Turkey Sandwich, Hot Dog, Veggie Burger, Omelet, Fresh Fruit Cup.

Coffee, tea, milk, and juice served at every meal. ❤️ Heart-healthy options are always available and are prepared to order. Please feel free to ask your server for any clarification. Sugar-free desserts available upon request.

