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Reston, VA 20190

Tall Oaks
ASSISTED LIVING
WHERE YOUR FAMILY IS OUR FAMILY

A Family Company Coordinated Services Management, Inc. Professional Management of Retirement Communities since 1981.

November 2024

TS Terrace Solarium 1 1st Floor Atrium
CW Community-Wide BS Bus Outing
MT Movie Theater LB Lunch Bunch
CH Chapel † CH
SH Shopping

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Please Note:
All activities, events, outings and times are subject to change. Please see daily activity sheet for any updates. Thank you.

Happy Birthday to:

- Nov. 4 James F.
- Nov. 7 Denton W.
- Nov. 10 Helen S.
- Nov. 18 Susan W.
- Nov. 21 Dorothy S.
- Nov. 22 Kathleen E.
- Nov. 30 Greta G.

10:00 CH Morning Virtual Mass
10:15 1 Donuts & Chronicles Reading
10:30 1 Morning Chair Stretches with Life Enrichment
1:00 TS Design Hour
2:00 1 We All Scream for Ice Cream
3:30 1 B.I.N.G.O.

10:00 CH Morning Virtual Mass
10:30 1 Daily Chronicles Reading
11:00 TS Morning Cycling and Virtual Trail
1:00 TS Saturday Trivia
2:30 1 Root Beer Floats
3:00 MT Weekend Movie Premiere

3
10:00 CH Morning Virtual Mass
1:00 1 We All Scream for Ice Cream
1:30 TS NFL Football Watch
1:30 CH Sunday Worship with Gary
2:00 CW Life Enrichment Room Visits
3:00 TS B.I.N.G.O.

4
10:00 CH Morning Virtual Mass
10:30 1 Cookies & Chronicles
11:00 TS Morning Cycling and Virtual Trail
1:30 TS Armchair Travels: Virtual Vacation Tour
2:00 1 Root Beer Floats
3:00 1 Monday Music with Mickie

5
10:00 CH Morning Virtual Mass
11:00 1 Hydration Station
1:00 SH Bus Outing: Target
1:30 CW Life Enrichment Room Visits
2:00 TS Trivia Tuesday
3:00 1 B.I.N.G.O.

6
10:00 CH Morning Virtual Mass
10:30 1 Donuts & Chronicles Reading
11:00 1 Mindful Music of years Past
1:30 1 Wine Down Wednesdays
2:30 TS Jeopardy
3:30 MT Evening Movie Premiere

7
10:00 CH Morning Virtual Mass
10:15 1 Cookies & Chronicles Reading
10:30 MT Mass with Father Dyert
11:00 1 Hydration Station
1:00 BS Bus Outing: Top Golf
2:00 1 Tropical Thursdays (Smoothies)
3:30 MT Evening Movie Premiere
6:30 CH Bible Study Volunteer Group

8
10:00 CH Morning Virtual Mass
10:15 1 Donuts & Chronicles Reading
10:30 1 Morning Chair Stretches with Life Enrichment
1:00 TS Design Hour
2:00 1 We All Scream for Ice Cream
3:30 1 B.I.N.G.O.

9
10:00 CH Morning Virtual Mass
10:30 1 Daily Chronicles Reading
11:00 TS Morning Cycling and Virtual Trail
1:00 TS Saturday Trivia
2:30 1 Root Beer Floats
3:00 MT Weekend Movie Premiere

10
10:00 CH Morning Virtual Mass
1:00 1 We All Scream for Ice Cream
1:30 TS NFL Football Watch
1:30 CH Sunday Worship with Gary
2:00 CW Life Enrichment Room Visits
3:00 TS B.I.N.G.O.

11
Veterans Day
10:00 CH Morning Virtual Mass
10:30 1 Cookies & Chronicles
11:00 TS Morning Cycling and Virtual Trail
1:30 TS Armchair Travels: Virtual Vacation Tour
2:00 1 Root Beer Floats
2:00 TS Veterans Day Ceremony
3:00 1 Monday Music with Mickie

12
10:00 CH Morning Virtual Mass
11:00 1 Hydration Station
1:30 CW Life Enrichment Room Visits
2:00 TS Trivia Tuesday
3:00 1 B.I.N.G.O.

13
10:00 CH Morning Virtual Mass
10:30 1 Donuts & Chronicles Reading
11:00 1 Mindful Music of years Past
1:30 1 Wine Down Wednesdays
2:30 TS Jeopardy
3:30 MT Evening Movie Premiere

14
10:00 CH Morning Virtual Mass
10:15 1 Cookies & Chronicles Reading
10:30 MT Mass with Father Dyert
11:00 1 Hydration Station
11:00 LB Lunch Bunch: Bob Evans
2:00 1 Tropical Thursdays (Smoothies)
3:30 MT Evening Movie Premiere
6:30 CH Bible Study Volunteer Group

15
10:00 CH Morning Virtual Mass
10:15 1 Donuts & Chronicles Reading
10:30 1 Morning Chair Stretches with Life Enrichment
1:00 TS Design Hour
2:00 1 We All Scream for Ice Cream
3:30 1 B.I.N.G.O.

16
10:00 CH Morning Virtual Mass
10:30 1 Daily Chronicles Reading
11:00 TS Morning Cycling and Virtual Trail
1:00 TS Saturday Trivia
2:30 1 Root Beer Floats
3:00 MT Weekend Movie Premiere

17
10:00 CH Morning Virtual Mass
1:00 1 We All Scream for Ice Cream
1:30 TS NFL Football Watch
1:30 CH Sunday Worship with Gary
2:00 CW Life Enrichment Room Visits
3:00 TS B.I.N.G.O.

18
10:00 CH Morning Virtual Mass
10:30 1 Cookies & Chronicles
11:00 TS Morning Cycling and Virtual Trail
1:30 TS Armchair Travels: Virtual Vacation Tour
2:00 1 Root Beer Floats
3:00 1 Monday Music with Mickie

19
10:00 CH Morning Virtual Mass
11:00 1 Hydration Station
1:00 SH Bus Outing: 5 Below & Dollar Tree
1:30 CW Life Enrichment Room Visits
2:00 TS Trivia Tuesday
3:00 1 B.I.N.G.O.

20
10:00 CH Morning Virtual Mass
10:30 1 Donuts & Chronicles Reading
11:00 1 Mindful Music of years Past
1:30 TS Resident Council Meeting
1:30 1 Wine Down Wednesdays
2:30 TS Jeopardy
3:30 MT Evening Movie Premiere

21
10:00 CH Morning Virtual Mass
10:15 1 Cookies & Chronicles Reading
10:30 MT Mass with Father Dyert
11:00 1 Hydration Station
2:00 1 Tropical Thursdays (Smoothies)
3:30 MT Evening Movie Premiere
6:30 CH Bible Study Volunteer Group

22
10:00 CH Morning Virtual Mass
10:15 1 Donuts & Chronicles Reading
10:30 1 Morning Chair Stretches with Life Enrichment
1:00 TS Design Hour
2:00 1 We All Scream for Ice Cream
3:30 1 B.I.N.G.O.

23
10:00 CH Morning Virtual Mass
10:30 1 Daily Chronicles Reading
11:00 TS Morning Cycling and Virtual Trail
1:00 TS Saturday Trivia
2:30 1 Root Beer Floats
3:00 MT Weekend Movie Premiere

24
Thanksgiving Family Meal
10:00 CH Morning Virtual Mass
11:30 TS Thanksgiving Family Meal
1:00 1 We All Scream for Ice Cream
1:30 TS NFL Football Watch
1:30 CH Sunday Worship with Gary
2:00 CW Life Enrichment Room Visits
3:00 TS B.I.N.G.O.

25
10:00 CH Morning Virtual Mass
10:30 1 Cookies & Chronicles
11:00 TS Morning Cycling and Virtual Trail
1:30 TS Armchair Travels: Virtual Vacation Tour
2:00 1 Root Beer Floats
3:00 1 Monday Music with Mickie

26
10:00 CH Morning Virtual Mass
11:00 1 Hydration Station
1:00 SH Bus Outing: Wegmans
1:30 CW Life Enrichment Room Visits
2:00 TS Trivia Tuesday
3:00 1 B.I.N.G.O.

27
10:00 CH Morning Virtual Mass
10:30 1 Donuts & Chronicles Reading
11:00 1 Mindful Music of years Past
1:30 1 Wine Down Wednesdays
2:30 TS Jeopardy
3:30 MT Evening Movie Premiere

28
Thanksgiving Day
10:00 CH Morning Virtual Mass
10:15 1 Cookies & Chronicles Reading
10:30 MT Mass with Father Dyert
11:00 1 Hydration Station
11:00 LB Lunch Bunch: Scenic Drive & Milkshakes
2:00 1 Tropical Thursdays (Smoothies)
3:30 MT Evening Movie Premiere
6:30 CH Bible Study Volunteer Group

29
10:00 CH Morning Virtual Mass
10:15 1 Donuts & Chronicles Reading
10:30 1 Morning Chair Stretches with Life Enrichment
1:00 TS Design Hour
2:00 1 We All Scream for Ice Cream
3:30 1 B.I.N.G.O.

30
10:00 CH Morning Virtual Mass
10:30 1 Daily Chronicles Reading
11:00 TS Morning Cycling and Virtual Trail
1:00 TS Saturday Trivia
2:30 1 Root Beer Floats
3:00 MT Weekend Movie Premiere