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# Tall Oaks

ASSISTED  LIVING

WHERE YOUR FAMILY IS OUR FAMILY



Coordinated Services Management, Inc. Professional Management of Retirement Communities since 1981.



## Our Dedicated Team At Your Service

Our team is here to serve and support you with professionalism and care.

- **Executive Director:** Mavis Adu  
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- **Business Office Manager:** Yesica Martinez  
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- **Director of Community Relations & Marketing:** Michelle Morgan  
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- **Director of Nursing:** Ama Badu, RN  
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- **Director of Maintenance:** Sergey Dvoretzky  
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- **Director of Food Services:** Cheryl Beckwith  
cbeckwith@talloaksal.com
- **Director of Environmental Services:** Patty Canas  
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- **Move-In Coordinator:** Allison Whittaker  
awhittaker@talloaksal.com

Stay connected with us:

- **Visit us on Facebook**
- **Explore our website at**  
www.talloaksal.com
- **We love 5-star reviews!** If you've had a positive experience, please consider leaving a review.

We're here to help and make you feel at home. Feel free to reach out to any of our dedicated team members with questions or for assistance—we look forward to connecting with you!

Check out our website at [www.talloaksal.com](http://www.talloaksal.com). If you like what you see, please write a review. Beloved 5-star reviews!! Thank you in advance!

## January 2025



### Welcome

At Tall Oaks Assisted Living, we believe in creating a warm, welcoming environment where every individual is treated with dignity and respect. Our dedicated team provides personalized care that nurtures both the body and the spirit, ensuring that each resident feels valued and at home. We celebrate the unique stories of every person who walks through our doors, offering comfort, companionship, and support in a community built on compassion. Here, we focus on enriching lives and creating meaningful connections, one day at a time.

### New Year, New Home

This New Year, we invite you to celebrate with us at Tall Oaks Assisted Living, where warmth, care, and companionship surround us. Let's reflect on the precious moments we've shared, while looking ahead to the new memories we will create together.

With hearts full of love and hands ready to care, we embrace the joy of new beginnings and the comfort of being together. Join us as we fill the year ahead with laughter, joy, and meaningful connections.

From all of us at Tall Oaks, we wish you a Happy New Year filled with peace, love, and happiness.

## "Residents and Their Snack Cart for Their Movie Night"



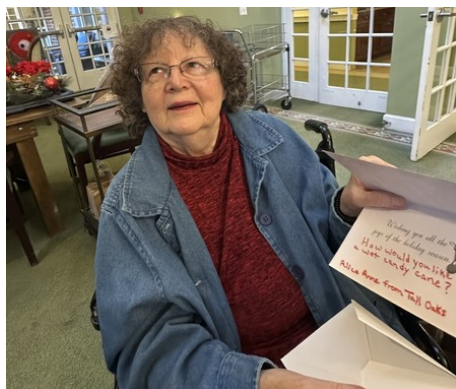
## Rose Garden Residents' Wonderful Decorations



## Terrace Solarium Residents' Marvelous Decorations



**"Residents Bring Donations to Embry Rucker Shelter"**



## Wit & Wisdom

"To bring anything into your life, imagine that it's already there."

—Richard Bach

"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."

—Robert Brault

"Perhaps imagination is only intelligence having fun."

—George Scialabba

"Memory has thousands of eyes staring into the experiences of the past, while imagination peers into every corner of the universe."

—James Lendall Basford

"Success is when reality catches up to our imagination."

—Simon Sinek

"Embrace your fear. Imagine what you're most afraid of, touch it and hold it so that you rob it of its power."

—Maria Ressa

"Imagination does not become great until human beings, given the courage and the strength, use it to create."

—Maria Montessori

"Let your imagination take you wherever you want to be."

—Bob Ross

## A Heartfelt Thank You and Holiday Cheer



At Tall Oaks, we are truly grateful for the relationships we've built with our residents and their families. As we celebrate the holidays, we send our warmest wishes for a season of peace, joy, and good health.

### "This Month In History" JANUARY

**1901:** The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

**1938:** Benny Goodman plays a sold-out concert at New York City's Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and Black musicians performed together on a U.S. stage.

**1943:** Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

**1953:** Chevrolet debuts its new sports car, the Corvette.

**1986:** James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

**1994:** American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

**2006:** An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

**2010:** Apple introduces its first iPad, a touch-screen tablet computer.

**2019:** A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.